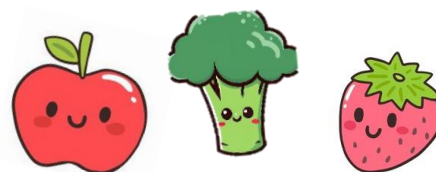




# TSS MONTHLY MENU: DECEMBER 2024




## Week 1: DECEMBER 2-6

	AM snack	LUNCH	PM SNACK
M	String cheese & Fig Bar	Turkey and cheese wrap & apple slices	Bananas & frozen yogurt
T	Pears & veggie straws	Sunbutter and jelly sandwiches & carrot sticks	Steamed edamame & cheese cubes
W	Mini bagel w/ cream cheese	Grilled BBQ chicken & potato wedges	Fresh strawberries & pretzels
TH	Blueberry pancakes	Cheese quesadillas & corn	Penguin crackers & raisins
F	English muffin w/ strawberry jam	Grilled chicken brown rice & broccoli	Celery sticks with sunbutter



## Week 2: DECEMBER 9-13

	AM SNACK	LUNCH	PM SNACK
M	Bananas & Fig Bar	Grilled chicken brown rice & broccoli	Carrot sticks & yogurt
T	Mini bagel w/ cream cheese	Tuna salad sandwich & apple slices	Cucumbers w/ hummus
W	English muffin w/ strawberry jam	BBQ grilled chicken & green beans	Fresh strawberries & string cheese
TH	Orange slices & cheese crackers	Salami and cheese rolls & carrot sticks	Celery sticks w/ sunbutter
F	Blueberry pancakes	Black beans and yellow rice & corn	Grapes & veggie straws

## Week 3: DECEMBER 16-20

	AM snack	LUNCH	PM SNACK
M	Pears & Nutri-Grain Bar	Grilled chicken & sweet potato fries	Sweet peppers & cheese crackers
T	Apples slices & yogurt	Three-cheese ravioli & green beans	Rice cakes & applesauce
W	Buttermilk pancakes	Tuna salad sandwiches & steamed broccoli	Cucumber slices & raisins
TH	Blueberry waffles	Ham and cheese cubes & apple slices	Carrot sticks & graham crackers
F	Cinnamon raisin mini bagel w/ butter	Sunbutter and banana roll-ups & steamed edamame	Orange slices & veggie sticks

## Week 4: DECEMBER 23-27

	AM snack	LUNCH	PM SNACK
M	Bananas & yogurt	Spaghetti w/meatballs & breadsticks	Pita with hummus & cucumber slices
T	<p>SCHOOL CLOSED: MERRY CHRISTMAS!</p> 		
W			
TH	Orange slices & cheese crackers	Red beans and rice w/sausage & dinner roll	Carrot sticks & pretzels
F	Buttermilk pancakes	Chicken salad wrap & celery sticks	Sweet peppers & penguin crackers