



TSS MONTHLY MENU: May 2025




Week 1: May 5-9

	AM snack	LUNCH	PM snack
M	Bananas & yogurt	Cinco de Mayo! cheese QUESADILLAS & corn	PITA WITH HUMMUS & CUCUMBER SLICES
T	Cinnamon raisin mini bagel w/ butter	Ham sandwich & carrot sticks	Apple slices & veggie sticks
W	Blueberry waffles	Salami and cheese rolls & applesauce	Nutri-grain bar & cheese stick
TH	Orange slices & cheese crackers	Red beans and rice w/ sausage & dinner roll	Carrot sticks & pretzels
F	Buttermilk pancakes	Chicken salad wrap & celery sticks	Sweet peppers & penguin crackers


Week 2: May 12-16

	AM snack	LUNCH	PM snack
M	String cheese & fig bar	Turkey and cheese wrap & apple slices	Fresh strawberries & pretzels
T	Bananas & frozen yogurt	Sunbutter and jelly sandwiches & carrot sticks	Steamed edamame & cheese cubes
W	Mini bagel w/ cream cheese	Grilled BBQ chicken & potato wedges	Pears & veggie straws
TH	Blueberry pancakes	Cheese quesadillas & corn	Penguin crackers & raisins
F	English muffin w/ strawberry jam	National Pizza Party Day! cheese pizza & broccoli	Celery sticks with sunbutter

Week 3: May 19-23

	AM snack	LUNCH	PM snack
M	Bananas & fig bar	Grilled chicken brown rice & broccoli	Carrot sticks & yogurt
T	Mini bagel w/ cream cheese	Tuna salad sandwich & apple slices	Cucumbers w/ hummus
W	English muffin w/ strawberry jam	BBQ grilled chicken & green beans	Fresh strawberries & string cheese
TH	Orange slices & cheese crackers	Salami and cheese rolls & carrot sticks	Celery sticks w/ sunbutter
F	Blueberry pancakes	Black beans and yellow rice & corn	Grapes & veggie straws

Week 4: May 26-30

	AM snack	LUNCH	PM snack
M	Pears & nutri-grain bar	Sunbutter and banana roll-ups & steamed edamame	Sweet peppers & cheese crackers
T	Apples slices & yogurt	Three-cheese ravioli & green beans	Rice cakes & applesauce
W	Buttermilk pancakes	Tuna salad sandwiches & steamed broccoli	Cucumber slices & raisins
TH	Blueberry waffles	Ham and cheese cubes & apple slices	Carrot sticks & graham crackers
F	Cinnamon raisin mini bagel w/ butter	Grilled chicken & sweet potato fries	Orange slices & veggie sticks